

# LEXINGTON SCHOOL HEALTH REQUIREMENTS



**We ask that you do not wait until the school open house to turn in your child's health records. Please turn them in during the designated registration period.**

**Physical Exam:** Students entering ECE, Kindergarten, 6<sup>th</sup>, and 9<sup>th</sup> grades must have a physical dated within one year of the start of the new school year. (Note: a “*sports physical*” does not meet the requirement). All forms must be **signed and dated by your healthcare professional**. The parent/guardian completes the top portion marked “Health History.” **Your signature and date** is also required.

**Sports Physicals:** All students participating in a sport, must have a current physical on file in the office. Sports physicals are good for 395 days (1 year + 1 month) from the date the exam is given. Be aware that many sports begin having camps and practices over the summer. Athletes cannot participate without a current physical. (FYI: It is a good idea to keep a copy of your student's physical).

## **Immunization Requirements:**

**Entering ECE:** DTP/polio series, MMR x1, Chicken Pox (varicella) x1, Hepatitis B x3, HIB, and Pneumococcal

**Entering Kind:** DTP/polio series, MMR x2, Chicken Pox (Varicella) x2

**Entering 6<sup>th</sup> grade:** DTP/polio series, MMR x2, Hepatitis B x3, Chicken Pox (Varicella) x2, Tdap booster, and Meningitis Vaccine (MCV) on or after 11<sup>th</sup> birthday

**Entering 9<sup>th</sup> grade:** DTP/polio series, MMR x2, Hepatitis B x3, Chicken Pox (Varicella) x2, and Tdap booster

**Entering 12<sup>th</sup> grade:** 2 doses of Meningitis Vaccine (MCV) unless first dose was given on or after 16<sup>th</sup> birthday.

**Entering 7<sup>th</sup> -12<sup>th</sup> grade:** Tdap booster

**The lead screening** is required for children age 6 or younger, prior to admission to preschool or kindergarten.

**A dental exam** is required for each student in Kindergarten, 2<sup>nd</sup>, and 6<sup>th</sup> grades. The deadline for turning in the dental form is **May 15<sup>th</sup>** of the designated year. The dental exam must have taken place within 18 months prior to the **May 15<sup>th</sup>** deadline. If the dental exam is completed during the summer, you can turn in the form along with the child's other health records at the start of the year.

**An eye exam** by an optometrist or ophthalmologist is required for children entering Kindergarten, and all students enrolling in an Illinois school for the first time. You can obtain a form from the school nurse's office, the school web site, or your eye doctor. This is due by the first day of school.

Physical/immunization forms must be turned in **BEFORE** the first day of student attendance. **Students will not be allowed to begin the school year until they are in compliance with these requirements.**

Please note that **ALL MEDICATIONS** to be taken at school must have written authorization by **you and your healthcare provider**: this includes all over-the-counter medication and prescription medication.

- An adult needs to drop all medication off at the office.
- Please bring only **swallow or chewable** over-the-counter meds. (**Avoid liquids**)
- As a reminder: Students are not allowed to have any medications in their possession during the school day (unless approved by healthcare provider in writing).
- If your child has asthma, the State of Illinois requests an Asthma Action Plan be completed by your child's healthcare provider and turned in at the start of the school year.

As always, if you have any questions or need assistance, please call the school at 309-365-2741.

Pam Sinnett RN, Lexington District Nurse