

Grades 6-12...
2nd Entrée Choice!
(Noted in parentheses)

October Menu

Character Counts Focus: Responsibility

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| 1 Smoothie, Cereal, & Toast | 2 Cinnamon Roll | 3 French Toast Sticks | 4 Biscuit & Gravy or Jelly | 5 |
| Hot Dog on a Bun French Fries Sweet Peas Fruit Slushie (Shredded Pork on a Bun) | Italian Pasta Bake w/ Meat Sauce Garlic Toast Garden Salad Peaches (Toasted Ravioli) | Chicken Nuggets Mashed Potatoes & Gravy (optional) Corn Apple (Corn Dog) | Hamburger on a Bun w/ Cheese (optional) Chips Baked Beans Mixed Fruit (Chicken Patty on a Bun) | No School! Teacher Institute |
| 8 | 9 Cinnamon Roll | 10 Scrambled Egg Sandwich | 11 Biscuit & Gravy or Jelly | 12 Cook's Surprise! |
| No School! Columbus Day | Grilled Cheese Sandwich Cup of Tomato Soup Chips Sweet Peas Pears (Cheeseburger Deluxe) | Chicken Patty on a Bun w/ Cheese (optional) French Fries Corn Orange Wedges (Hamburger on a Bun) | BBQ Beef & Rice Shredded Cheddar Cheese Dinner Roll Baby Carrots Mixed Fruit (Cheese Pizza) | Bosco Breadstick w/ Pizza Dipping Sauce Diced Turkey Green Beans Apple Crisp (Pizza Bosco) |
| 15 Smoothie, Cereal, & Toast | 16 Cinnamon Roll | 17 French Toast Sticks | 18 Biscuit & Gravy or Jelly | 19 Pancakes w/ Syrup |
| Hot Dog on a Bun French Fries Mashed Sweet Potatoes Applesauce Cups (Buffalo Bites) | Soft Shell Taco Meat/Cheese/Lettuce Chips & Salsa Pears (Corn Dog) | Chicken Nuggets Mashed Potatoes & Gravy (optional) Corn Orange Wedges (Meat & Cheese Nachos) | Hamburger on a Bun w/ Cheese (optional) Tator Tots Baked Beans Dried Fruit (Chicken Patty on a Bun) | Cheese Pizza Diced Turkey Green Beans Peaches (Shredded Pork on a Bun) |
| 22 Smoothie, Cereal, & Toast | 23 Cinnamon Roll | 24 Scrambled Egg Sandwich | 25 Biscuit & Gravy or Jelly | 26 Cook's Surprise! |
| Birthday Luncheon! Corn Dog Chips Green Beans Pears (Macaroni & Cheese) | Sloppy Joes on a Bun Tator Tots Baked Beans Orange Wedges (Biscuits & Gravy) | Chicken Patty on a Bun w/ Cheese (optional) Au Gratin Potatoes Corn Applesauce Cups (Hamburger on a Bun) | French Toast Sticks w/ Syrup Sausage Link Roasted Potatoes Apple (Cheese Quesadilla) | Bosco Breadstick w/ Pizza Dipping Sauce Diced Turkey Garden Salad Peaches (Pizza Bosco) |
| 29 Smoothie, Cereal, & Toast | 30 Cinnamon Roll | 31 French Toast Sticks | Milk and Assorted Fresh Vegetables are served daily with lunch. | Milk Options: Skim / Fat Free 1% Chocolate Strawberry |
| Hot Dog on a Bun Tator Tots Baby Carrots Mixed Tropical Fruit (Meat & Cheese Nachos) | Grilled Cheese Sandwich Cup of Tomato Soup Chips Sweet Peas Apple (Cheeseburger Deluxe) | Chicken Nuggets Mashed Potatoes & Gravy (optional) Corn Orange Wedges (Corn Dog) | Reduced fat dressings are served with salads & fresh vegetables. | |

Breakfast: Served with Fruit, Juice & Milk
(Entrée Noted Daily)

Junior High & High School Students can also purchase A La Carte items.

