

## 2019-20 Health Requirements for 12<sup>th</sup> grade

**Sports physical:** All students participating in a sport, must have a current physical on file in the office. Sports physicals are good for 395 days (1 year + 1 month) from the date the exam is given. Be aware that many sports begin having camps and practices over the summer. Athletes cannot participate without a current physical.

FYI: It is a good idea to keep a copy of your student's physical and immunization records, to help with preparation for college entry.

**Immunizations:** Meningitis Vaccine (MCV) vaccine is required for 12th grade. If the first MCV dose was given on or after 16th birthday, then only 1 dose is required. If the first dose was given before the 16<sup>th</sup> birthday, then a 2<sup>nd</sup> dose is required.

Immunization forms must be turned in **BEFORE** the first day of student attendance. **Students will not be allowed to begin the school year until they are in compliance with these immunization requirements.**

**Health Survey Form:** Please complete a new health survey for each of your students.

**Medications:** Please note that **ALL MEDICATIONS** to be taken at school must have written authorization by **you and your healthcare provider**: this includes all over-the-counter medication and prescription medication.

- An adult must drop all medication off at the office. Never send medication to school with your student.
- Students are not allowed to have any medications in their possession or in their locker during the school day (unless approved by healthcare provider in writing).
- If your child has asthma, the State of Illinois requests an Asthma Action Plan be completed by your child's healthcare provider and turned in at the start of the school year.

Thanks for helping your student be prepared for this SENIOR year of high school! We are looking forward to successful 2019-20 school year!